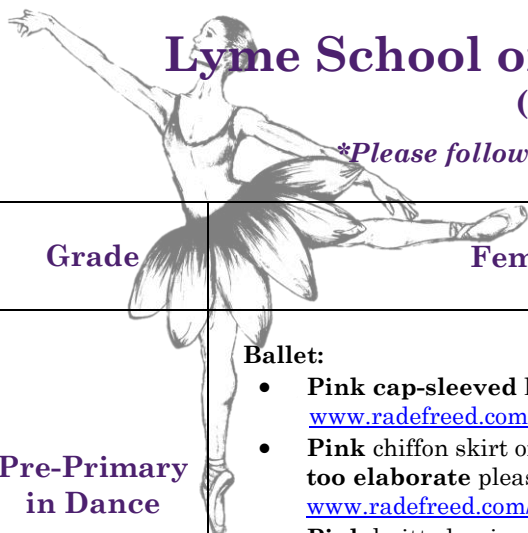


Lyme School of Ballet Uniform Regulations

(Updated August 2021)

Please follow links for examples of suitable uniform



Grade	Female	Male
<p>Pre-Primary in Dance</p>	<p>Ballet:</p> <ul style="list-style-type: none"> • Pink cap-sleeved leotard www.radefreed.com/chloe • Pink chiffon skirt or small toile tutu (nothing too elaborate please!) www.radefreed.com/georgette-skirt • Pink knitted or jersey cross-over cardigan www.radefreed.com/long-sleeved-crossover-knit www.radefreed.com/34-sleeve-crossover-2 • Pink tights or shin-length socks www.radefreed.com/professional-ballet-socks www.radefreed.com/soft-support-tights • Pink satin or leather ballet shoes with pink elastic sewn on (please wear full-soled shoes and not the split-soled alternative!) www.radefreed.com/ballet-shoes-3 	<p>Ballet:</p> <ul style="list-style-type: none"> • White T-Shirt www.radefreed.com/short-sleeve-t-shirt • Navy blue or black shorts www.radefreed.com/boys-cotton-shorts • White shin-length socks (no trainer socks please!) www.radefreed.com/boys-ballet-socks • White or black canvas or leather ballet shoes with white or black elastic sewn on (please wear full-soled shoes and not the split-soled alternative!) • www.radefreed.com/ballet-shoes-3
	<p>Props:</p> <ul style="list-style-type: none"> • A selection of feathers 	<p>Props:</p> <ul style="list-style-type: none"> • A selection of feathers
<p>Primary in Dance</p>	<p>Ballet:</p> <ul style="list-style-type: none"> • Pink cap-sleeved leotard www.radefreed.com/chloe • Pink wrap-around chiffon skirt (no tutus at this age please!) www.radefreed.com/georgette-skirt • Pink knitted or jersey cross-over cardigan www.radefreed.com/long-sleeved-crossover-knit www.radefreed.com/34-sleeve-crossover-2 • Pink tights or shin-length socks www.radefreed.com/professional-ballet-socks www.radefreed.com/soft-support-tights • Pink satin or leather ballet shoes with pink elastic sewn on (please wear full-soled shoes and not the split-soled alternative!) www.radefreed.com/ballet-shoes-3 	<p>Ballet:</p> <ul style="list-style-type: none"> • White T-Shirt www.radefreed.com/short-sleeve-t-shirt • Navy blue or black shorts www.radefreed.com/boys-cotton-shorts • White shin-length socks (no trainer socks please!) www.radefreed.com/boys-ballet-socks • White or black canvas or leather ballet shoes with white or black elastic sewn on (please wear full-soled shoes and not the split-soled alternative!) www.radefreed.com/ballet-shoes-3
	<p>Props:</p> <ul style="list-style-type: none"> • A small 'Dressing-Up Box', picnic basket, shoe-box or hard vanity case (must be lidded!) www.hobbycraft.co.uk/small-brown-wicker-hamper www.dancedirect.com/ub074-katz-pink-ballerina-hard-beauty-case • A Hawaiian flower garland, long ribbon (approx. 1m length), or feather boa to drape 	<p>Props:</p> <ul style="list-style-type: none"> • A small 'Dressing-Up Box', picnic basket or shoe-box (must be lidded!) www.hobbycraft.co.uk/small-brown-wicker-hamper • A long scarf (approx.. 1m length) or dress-up hat to wear whilst dancing.

	around the neck whilst dancing.	
Grades 1 – 2	Ballet: <ul style="list-style-type: none"> • Pink tank-sleeved or cap-sleeved leotard www.radefreed.com/aimee • Matching pink elasticated belt www.radefreed.com/uniform-belt • Pink knitted or jersey cross-over cardigan www.radefreed.com/long-sleeved-crossover-knit www.radefreed.com/34-sleeve-crossover-2 • Pink tights or shin-length socks www.radefreed.com/professional-ballet-socks www.radefreed.com/soft-support-tights • Pink satin, canvas or leather ballet shoes with pink elastic sewn on (split-soled ballet shoes are now allowed) www.radefreed.com/ballet-shoes-3 	Ballet: <ul style="list-style-type: none"> • White T-Shirt or cap-sleeved leotard www.radefreed.com/short-sleeve-t-shirt www.radefreed.com/aaron • Navy blue or black loose shorts, tight shorts or stirrup tights www.radefreed.com/boys-cotton-shorts www.radefreed.com/cycle-shorts www.radefreed.com/boys-stirrup-tights • White shin-length socks (no trainer socks please!) www.radefreed.com/boys-ballet-socks • White canvas or leather ballet shoes with white elastic sewn on (split-soled ballet shoes are now allowed) www.radefreed.com/ballet-shoes-3
	Character: <ul style="list-style-type: none"> • Black shin-length Character Skirt with coloured ribbon braiding - the colour of the ribbons is completely up to you! www.radefreed.com/character-skirt <i>Please note:</i> Miss Freya makes Character Skirts by personal request. If you would like a hand-made Character Skirt, please make contact with Miss Freya individually. • Black canvas character shoes with a low heel (not the Cuban heel please!) and pink elastic www.radefreed.com/ladies-canvas-character-small 	Character: <ul style="list-style-type: none"> • Lace up canvas black character shoes www.radefreed.com/mens-canvas-character-shoe
	Props: <ul style="list-style-type: none"> • A long ribbon approx. 1m in length (Grade 1 only) www.dancedirect.com/c213-grade-1-ribbon-stick www.dancedirect.com/c213a-red-ribbon-streamer-with-finger-loop-length-125cm • A long flower garland approx. 1m in length (Grade 2 only). www.radenterprises.co.uk/ballet-wear-props/props-accessories/garland-400garl 	Props: <ul style="list-style-type: none"> • A flag on a stick (Grade 1 only) www.dancedirect.com/catalog/product/view/id/71025/s/c63b-union-jack-waver-flags-pack-of-12/ • A long scarf approx. 1m in length (Grade 2 only).
Grades 3 – 5	Ballet: <ul style="list-style-type: none"> • Navy blue tank-sleeved or cap-sleeved leotard www.radefreed.com/faith www.radefreed.com/short-sleeve-leotard • Matching navy blue elasticated belt www.radefreed.com/uniform-belt • Navy blue jersey cross-over cardigan www.radefreed.com/34-sleeve-crossover-large • Pink tights www.radefreed.com/soft-support-tights • Pink satin, canvas or leather ballet shoes with 	Ballet: <ul style="list-style-type: none"> • White T-Shirt or cap-sleeved leotard www.radefreed.com/short-sleeve-t-shirt www.radefreed.com/aaron • Navy blue loose shorts, tight shorts or stirrup tights www.radefreed.com/boys-cotton-shorts www.radefreed.com/cycle-shorts www.radefreed.com/boys-stirrup-tights • White shin-length socks (no trainer socks please!) www.radefreed.com/boys-ballet-socks

	<p>pink elastic sewn on (split-soled ballet shoes are now allowed) www.radefreed.com/ballet-shoes-3</p>	<ul style="list-style-type: none"> • White canvas or leather ballet shoes with white elastic sewn on (split-soled ballet shoes are now allowed) www.radefreed.com/ballet-shoes-3
	<p>Character:</p> <ul style="list-style-type: none"> • Black shin-length Character Skirt with coloured ribbon braiding - the colour of the ribbons is completely up to you! www.radefreed.com/character-skirt <i>Please note:</i> Miss Freya makes Character Skirts by personal request. If you would like a hand-made Character Skirt, please make contact with Miss Freya individually. • Black canvas character shoes with the higher heel (also known as the Cuban heel) and pink elastic. <i>Please note:</i> Don't worry if you still have a lower-heeled pair of Character Shoes... we can gradually phase them out as your feet grow! www.radefreed.com/ladies-canvas-character-large 	<p>Character:</p> <ul style="list-style-type: none"> • Lace up canvas black character shoes www.radefreed.com/mens-canvas-character-shoe • Black waistcoat (for Grade 5 only)
<p>Grades 6 – 8</p>	<p>Ballet:</p> <ul style="list-style-type: none"> • Navy blue tank-sleeved or spaghetti-strapped leotard www.radefreed.com/bethany www.radefreed.com/alice www.radefreed.com/jane • Matching navy blue elasticated belt www.radefreed.com/uniform-belt • You may wear a short wrap-around Navy blue chiffon skirt for barre work www.dancewearcentral.co.uk/women-c22/womens-skirts-dresses-tutus-c103/redgom-wrap-skirt-p2253 • Navy blue full-circle, full-length chiffon skirt for use after the barre www.radefreed.com/little-ballerina-skirt • Navy blue jersey cross-over cardigan www.radefreed.com/34-sleeve-crossover-large • Pink tights www.radefreed.com/soft-support-tights • Pink satin, canvas or leather ballet shoes with pink elastic sewn on (split-soled ballet shoes are now allowed) www.radefreed.com/ballet-shoes-3 	<p>Ballet:</p> <ul style="list-style-type: none"> • White cap-sleeved leotard, tank-sleeved leotard or T-shirt www.radefreed.com/aaron www.radefreed.com/aaron-sleeveless-leotard www.radefreed.com/short-sleeve-t-shirt • Navy blue stirrup tights www.radefreed.com/boys-stirrup-tights • White shin-length socks (no trainer socks please!) www.radefreed.com/boys-ballet-socks • White canvas or leather ballet shoes with white elastic sewn on (split-soled ballet shoes are now allowed) www.radefreed.com/ballet-shoes-3
	<p>Character:</p> <ul style="list-style-type: none"> • Black shin-length Character Skirt with coloured ribbon braiding - the colour of the ribbons is completely up to you! www.radefreed.com/character-skirt <i>Please note:</i> Miss Freya makes Character Skirts by personal request. If you would like a hand-made Character Skirt, please make contact with Miss Freya individually. • Black canvas character shoes with the higher heel (also known as the Cuban heel) and 	<p>Character:</p> <ul style="list-style-type: none"> • Lace up canvas black character shoes www.radefreed.com/mens-canvas-character-shoe

	<p>pink elastic. Please note: Don't worry if you still have a lower-heeled pair of Character Shoes... we can gradually phase them out as your feet grow! www.radefreed.com/ladies-canvas-character-large</p>	
	<p>Props:</p> <ul style="list-style-type: none"> • Free Movement Scarf www.radefreed.com/freed-scarf-female 	<p>Props:</p> <ul style="list-style-type: none"> • Free Movement Scarf www.radefreed.com/freed-scarf-male
<p>Vocational Grades... Pointe and Virtuoso Classes</p>	<p>Ballet:</p> <ul style="list-style-type: none"> • Black spaghetti-strapped leotard www.radefreed.com/alice www.radefreed.com/jane • Matching black elasticated belt www.radefreed.com/uniform-belt • Pink tights www.radefreed.com/soft-support-tights <p>Pointe Work:</p> <ul style="list-style-type: none"> • Pink demi-pointe shoes (A.K.A. soft-blocks) with pink ribbons Please note: You MUST have these shoes professionally fitted, at an in-person appointment. “The Shoe Zoo” in Torquay is a fabulous shop to go to as soon as you start your Vocational studies but please, please, please DO NOT buy these shoes online! www.theshoetzoo.co.uk/collections/demi-pointe-shoes • Pink pointe shoes with pink ribbons Please note: You MUST have these shoes professionally fitted, at an in-person appointment. “The Shoe Zoo” in Torquay is a fabulous shop to go to for this too. However, please wait for Miss Freya to personally invite you to go off and get your first pair of pointe shoes. You will all be asked to get a pair fitted at different times, dependant on your individual readiness. Also, please, please, please DO NOT buy these shoes online! www.theshoetzoo.co.uk/pages/pointe-shoes-fitting 	<p>Ballet:</p> <ul style="list-style-type: none"> • White cap-sleeved or tank-sleeved leotard www.radefreed.com/aaron www.radefreed.com/aaron-sleeveless-leotard • Navy blue stirrup tights www.radefreed.com/boys-stirrup-tights • White shin-length socks (no trainer socks please!) www.radefreed.com/boys-ballet-socks • White canvas or leather ballet shoes with white elastic sewn on (split-soled ballet shoes are now allowed) www.radefreed.com/ballet-shoes-3